

## Monica Hawkins

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**From:** Minister Seniors and Accessibility (MSAA) <MinisterSeniorsAccessibility@ontario.ca>  
**Sent:** Wednesday, May 24, 2023 10:31 AM  
**To:** Minister Seniors and Accessibility (MSAA)  
**Subject:** June is Seniors Month 2023 | Juin est le Mois des aînés 2023  
**Attachments:** seniors-month2023-factsheet-EN-FINAL-ua.pdf; seniors-month2023-factsheet-FR-FINAL-ua.pdf; seniors-month2023-posters-EN FINAL-ua.pdf; seniors-month2023-posters-FR FINAL-ua.pdf; seniors-month2023-shareable-1-EN.jpg; seniors-month2023-shareable-1-FR.jpg; seniors-month2023-shareable-2-EN.jpg; seniors-month2023-shareable-2-FR.jpg; seniors-month2023-tipsheet-EN-FINAL-ua.pdf; seniors-month2023-tipsheet-FR-FINAL-ua.pdf

Hello,

June is Seniors Month in Ontario. It is an opportunity to acknowledge and recognize the amazing seniors across this province and the positive impact they have made in our lives.

The theme for Seniors Month this year is **Working for Seniors**, which recognizes the importance of seniors keeping active, well and safe in their communities.

We all have seniors in our lives, whether they be friends, family or colleagues.

I, therefore, encourage you to proclaim June as Seniors Month in your municipality and to use the poster, sharables, factsheet and tip sheet attached to this letter celebrate our outstanding older adults.

I also encourage you to continue to be a champion of Seniors Month and to find ways to recognize seniors in your community through events or social gatherings and promote your events on your websites or through your social media channels.

Please consider following the ministry's official social media channels and tagging us in your Seniors Month communications, including photos and videos, using the hashtag **#SeniorsMonth2023**, to join in on the conversation!

- Twitter: [@SeniorsON](#), [@AinesON](#)
- Facebook: [Seniors Ontario](#), [AinesOntario](#)
- LinkedIn: [@Seniors and Accessibility](#)

For more information on supports for seniors, please visit [our webpage](#).

You can also find information on a wide range of topics for seniors and caregivers in our updated [Guide to Programs and Services for Seniors in Ontario](#). It contains information about health care, finances, housing, security and more.

Thank you for your support in celebrating Ontario's seniors.

Sincerely,  
Hon. Raymond Cho

Minister for Seniors and Accessibility

Confidentiality Warning: This e-mail contains information intended only for the use of the individual emailed above. If you have received this e-mail in error, we would appreciate it if you could advise us through the ministry's website at the [Ministry for Seniors and Accessibility](#) and destroy all copies of this message. Thank you.



Bonjour,

Juin est le Mois des aînés en Ontario. C'est l'occasion de souligner et de reconnaître les merveilleuses personnes âgées de notre province et l'influence positive qu'elles ont eue sur nos vies.

Cette année, le thème du Mois des aînés est **Au service des aînés**, qui reconnaît l'importance pour les personnes âgées de rester actives, bien dans leur peau et en sécurité dans leur collectivité.

Nous avons toutes et tous des aînés dans notre entourage, que ce soit des amis, des membres de la famille ou des collègues de travail.

Je vous encourage donc à promouvoir le Mois des aînés dans votre collectivité et à utiliser les affiches, les documents à distribuer, les feuillets d'information et les fiches-conseils ci-joints pour célébrer nos remarquables aînés.

Je vous encourage également à continuer d'être un porte-étendard du Mois des aînés et à trouver des occasions de souligner les aînés de votre collectivité au cours d'activités et de rencontres sociales et d'afficher vos activités sur vos pages Web et plateformes des réseaux sociaux.

Je vous invite à suivre les pages du ministère sur les réseaux sociaux et à nous identifier dans vos communications sur le Mois des aînés, incluant des photos et des vidéos, en utilisant le mot-clic **#MoisdesAînés2023**, pour contribuer à la conversation!

- Twitter : [@SeniorsON](#), [@AinesON](#)
- Facebook : [Seniors Ontario](#), [AinesOntario](#)
- LinkedIn : [@Services aux aînés et Accessibilité](#)

Pour obtenir de plus amples renseignements sur les soutiens offerts aux personnes âgées, veuillez consulter notre [page Web](#).

Vous trouverez également des renseignements sur une foule de sujets touchant les aînés et leurs proches aidants dans notre [Guide des programmes et services pour les aînés en Ontario](#) récemment mis à jour. Il fournit de l'information entre autres sur la santé, les finances, le logement et la sécurité.

Merci de votre soutien et de votre participation à la mise en valeur des aînés de l'Ontario.

Cordialement,  
Le ministre des Services aux aînés et de l'Accessibilité,  
Raymond Cho

Avis de confidentialité : Ce courriel contient des renseignements destinés exclusivement à son destinataire. Si vous avez reçu ce courriel par erreur, nous vous serions reconnaissants de bien vouloir nous en informer sur le site Web du ministère à l'adresse [Ministère des Services aux aînés et de l'Accessibilité](#) et de détruire tout exemplaire de ce message. Merci.

# June is Seniors Month

Working for Seniors

## Information for Seniors in Ontario

The [Ministry for Seniors and Accessibility](#) works with community organizations to offer supports and services to help seniors stay active, well, safe and socially connected through a range of programs and services. This year, the theme for Seniors Month is Working for Seniors.

## Age-friendly communities

Age-Friendly Communities are inclusive, accessible environments with programs and services that help seniors stay connected. These communities can include:

- outdoor spaces and buildings that are accessible for seniors
- accessible communication and information about services and programs
- improved transportation services and housing for seniors
- more social and civic participation opportunities.

Learn more at [ontario.ca/agefriendly](https://ontario.ca/agefriendly).

## Seniors Active Living Centre programs

Seniors Active Living Centre programs help local seniors stay active, become more involved in their community, and meet new friends in person or online. These programs include:

- unique social activities
- learning and educational opportunities
- recreational programming
- the Seniors Centre Without Walls virtual program
- online video sessions.

There are almost 300 programs across the province that serve 115,000 seniors annually.

To find a Seniors Active Living Centre program, please:

- visit the [Seniors Active Living Centre locator map](#)
- contact your municipality
- call 2-1-1.



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Working for Seniors

[ontario.ca/SeniorsMonth](https://ontario.ca/SeniorsMonth)

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Working for Seniors

## Tips on how you can support Seniors Month 2023

Thank the seniors in your life for all their hard work and show them just how much they are appreciated:

- Send a "Thank You" message, either in person, over the phone, by mail or email, or on social media.
- Nominate a senior in June for an [Ontario Senior Achievement Award](#).
- Post a message on the Ministry for Seniors and Accessibility's [Facebook page](#).

## Tell us what you are doing during Seniors Month

- Join our Seniors Month conversation on Twitter and Facebook by using **#SeniorsMonth2023**.
- Post photos of your Seniors Month celebrations and tag us on **Twitter: @SeniorsON**, and on **Facebook: @SeniorsOntario**
- Seniors volunteering and helping in their neighbourhood? Tell us about it! Tag us on **Twitter: @SeniorsON**, and on **Facebook: @SeniorsOntario**

## Promote Seniors Month to your friends and family

- Share health and fitness tips for seniors.
- Post info about seniors' events taking place during Seniors Month (via link to community centres/municipalities)
- Feature topics of interest to seniors (retirement, financial scams and fraud, elder abuse, housing, driving, recreation, and learning) in your posts.
- Provide Seniors Month resources to celebrate the month: poster, factsheet, or ideas to celebrate Seniors Month.